

NEW

balori® e-coordination

Functional coordination training system



balori®

zebris

balori® - Coordinated from head to toe. Independently, easily, flexibly.



The system lets you monitor your training yourself with the avatar

The new balori® e-coordination training system is designed to improve basic coordination which seamlessly fits into the training surroundings of modern **gyms and wellness facilities, as well as rehabilitation and physiotherapy practices.**

There is no need for a trainer at all thanks to the simple virtual 3D instructions with an avatar, which turns the coordination and balance training from head to toe into child's play. The system is suitable to improve your quality of movement, speed of action and ability to adapt and to strengthen and stabilize your back and joint muscles. In addition, the training is used for good timing, safe movement and in particular fall prevention with advancing age.

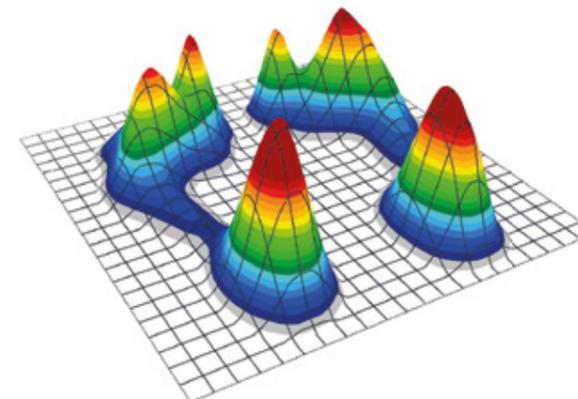
The system includes the following key training areas:

- Improvement of balance, orientation and movement precision
- Optimisation of concentration ability and decision making
- Improvement of stability for back and joint prevention

balori® e-coordination training guides the user completely automatically through the exercises and gives objective feedback on balance and how the exercise was completed thanks to its sophisticated software.

The sets of exercises are categorised into intermediate and advanced levels. After a personal introduction training session, everyone can use the system without any further instruction.

After the initial test has been assessed by the system and depending on the training success, the difficulty of the exercises gradually increases. The user takes control of their training and can adjust the units to their own performance at any time.



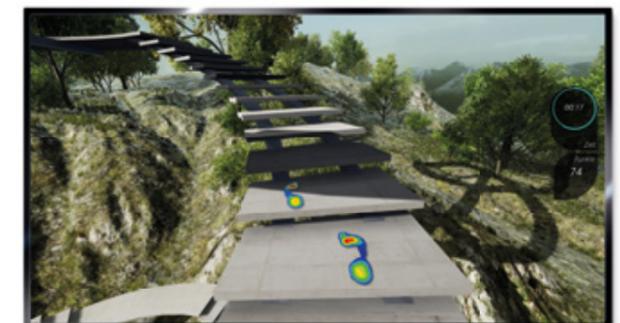
The system includes high-quality capacitive sensor technology from zebris to accurately measure the balance and quality of movement



3D instructions with avatar in demonstration mode



Automatic feedback on training success



Speedtraining in a virtual environment



Balancetraining

balori® System components

Screen with stand

High-performance PC

3D camera to record movement

balori® software with methodically structured sets of exercises and training sessions in a virtual environment



balori®
e-coordination



www.zebris.de

zebris pressure platform

balori®-X

115 x 60 x 2 cm (L x W x H)

1,456 sensors



zebris pressure platform

balori®-C

122 x 90 x 2 cm (L x W x H)

2,240 sensors



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